

WHY DO WE RING?

Members of our band told us what ringing means to them

I can visit and ring at different churches across the country

The team atmosphere

Friendship

It clears my head

The challenge

I can make noise with the biggest and loudest musical instrument in the world

It spans the generations

It's a quintessentially English thing

Being part of a community

Involvement in an old tradition

There's always something new to learn

A chance for some gentle physical activity

Going to the pub after practice night!

Stretching my knowledge

Mental and physical workout

It means a great deal

The sense of achievement

I can keep learning

Great camaraderie

